

## Health & Physical Education (K-12) East Carolina University

Competency		Course Prefix & Number	Course Title	Course Offerings
Two to three semester hours are required to fulfill each of the following competencies unless otherwise noted.				
A	Foundations, Principles, & Practices of Physical and/or Health Education	KINE 2323 KINE 2000	Principles of Physical Education Introductory Exercise and Sport Science	F, S, SS
B	Individual, Community, & Global Health Issues	HLTH 3010 HLTH 3020 HLTH 3030	Health Problems I Health Disparities Health Behavior	F, DE
C	Human Biology, Anatomy, & Reproductive Health	HLTH 5310	Education for Human Sexuality	F, DE
D	Fundamental Motor Skills & Movement Forms	KINE 2600 KINE 2850 KINE 2900	Children's Movement Patterns Structural Kinesiology Teaching Skillful Movement	F, S, SS
E	Sports, Physical & Leisure Activities	KINE 3500 (UPD)	Secondary Content in Physical Education	F, S
F	Healthy Behavior, Fitness, & Obesity Prevention	KINE 3540 (UDP)	Fitness Education	F, S
G	Health Education & Promotion	HLTH 3010 HLTH 3020 HLTH 3030	Health Problems I Health Disparities Health Behavior	F, DE

Posted: July 5, 2017  
Revised: Spring 2017

### Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session,  
UD=Upon Demand e=even years, o=odd  
years, ^=online

*(UPD) These classes require Upper Division Admission and are not available to RALC students with Qualification Letters only*

Course typically offered **on campus** if shaded.

### Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (\*) denotes a prerequisite course.
- Some courses are required to be taken concurrently. A double asterisk (\*\*) denotes concurrent courses.
- For more information from this institution, click here, [www.ecu.edu](http://www.ecu.edu)
- **For questions about your RALC plan of study and approvals for courses other than what is listed above, please contact your RALC Director.**
- **Health Education classes are phasing out December 2017.**